

CPA - Counselling Psychology Executive Meeting – Minutes

February 06 (Friday) 2026 at 9 am – 10:30 am (Pacific Time)/10 am (Mountain Time)/12 pm (Eastern Time)

Present: Kirby Huminuk (past-chair), Danika Overmars (chair), Jon Woodend (Secretary-Treasurer), Sonya Flessati (member-at-large: Convention Submission Review Coordinator); Danielle Shinbine (student representative).

Regrets: Janet Miller (newsletter editor)

Positions Unfilled: Chair-elect; Member-at-large: Awards coordinator.

Item	Action	Person(s) Responsible
1. Welcome		
2. Approval of Agenda and Minutes from Last meeting a. Called to approve agenda: Motion passed b. Approval of November minutes	Upload approved minutes	Jon
3. Section Newsletter – Kaleidoscope a. Aiming for issue before the convention (end of April/beginning of May?) b. Hot topics (state of the field): i. Research ii. Supervision iii. Practice iv. Students c. Executive member updates d. Kirby and Sonya will provide a write-up of their respective webinars	Call out to members for articles on hot topics in the field Send updates to Janet by April Write-up webinar abstracts	Danika All executive Kirby/Sonya

4. Budget Planning a. Budget updates i. Maintaining strong financial position ii. 2026 budget planning iii. Gifts to recognize past-executive iv. Include a student travel award (2 master's, 2 doctoral) v. Increase student awards to \$250 each vi. Finalize 2026 budget next meeting	Consider gift ideas	Kirby/Danika
5. Webinar Series a. Kirby doing a webinar b. Sonya doing a webinar c. Can executive members receive honorarium for webinar? d. Future webinar topics	Check in with CPA head office Put out call in listserv and newsletter	Jon Danika
6. CPA (2026) Convention a. Acceptances sent out to presenters		
7. URGENT: Vacant Positions a. Chair-Elect i. New call needed for the Chair-Elect ii. Kirby willing to serve as past-chair for 2026-2027 year b. Member-at-Large: Awards Coordinator	Reach out to personal contacts	All executive

